Island Braid

First braid · Ages 6+ with help

You'll need

3 strands of yarn, about 60 cm / 24 in each, in different colors

Tape or a clipboard

Scissors, used with a grown-up

Remember
The strand in the middle changes every time. Use three colors so you can follow each strand.

1. Line up the strands. Tie them together with an overhand knot 10 cm / 4 in from one end. Tape above the knot to a table.

2. Spread the three strands into left, middle, and right positions. Move the left strand OVER the middle strand. It becomes the new middle.

3. Move the right strand OVER the current middle strand. It becomes the new middle.

4. Repeat: left over middle, right over middle. Pull gently and keep the braid even.

5. Stop when the braid fits around your wrist with a little room. Tie all three strands together with an overhand knot.

6. Ask a grown-up to tie the loose ends together loosely so the bracelet can be removed. Trim only after checking the fit.

Start



Left over middle



Right over middle





Finished example | Illustrated reference