Sunshine Stripes

Forward knots · Ages 9+ with help

You'll need

4 strands of embroidery floss, about 90 cm / 36 in each, in four colors

Tape or a clipboard

Scissors, used with a grown-up

Remember
Make both half-hitches before moving to the next strand. Each complete row moves the leftmost color to the right.

1. Tie the four strands together 12 cm / 5 in from one end. Secure above the knot. Lay the colors out from left to right.

2. Take the far-left strand as your working strand. Lay it OVER the next strand to make a shape like the number 4.

3. Bring its end behind the next strand and up through the loop of the 4. Hold the other strand straight and slide the knot upward. Repeat on the SAME strand: two half-hitches make one forward knot.

4. With that same working strand, make a forward knot on each remaining strand, moving left to right. Your working strand finishes on the far right.

5. Start the next row with the new far-left strand. Repeat rows to make diagonal stripes, keeping the knots snug but not tight.

6. When the bracelet fits, tie an overhand knot. Braid the loose ends into ties. Ask a grown-up to fasten it loosely enough to remove.

Traditional candy-stripe method: Friendship-Bracelets.net

Row 1 starts here:



Row 2 starts here:



Row 3 starts here:



Row 4 starts here:





Finished example | Illustrated reference