Twisted Tides

Twisted cord · Ages 7+ with help

You'll need

2 strands of yarn, about 90 cm / 36 in each, in different colors

A helper or tape

Scissors, used with a grown-up

Remember
Keep the yarn stretched until the ends meet. If it tangles, gently stretch it out and try folding again.

1. Line up both yarn strands. Tie their ends together at each end, making one long two-color bundle.

2. Ask a helper to hold one end still. Hold the other end and twist it in one direction until the bundle is tightly twisted, keeping it stretched.

3. Keep tension on the bundle. A helper holds its midpoint while you bring the two knotted ends together.

4. Hold both ends together. Let go of the midpoint slowly so the two halves twist around each other. Smooth out any uneven bumps.

5. Tie both ends together firmly to stop untwisting. The folded end makes a small loop.

6. With a grown-up, check the fit. Tie the ends loosely through the loop; leave enough room to remove it. Trim excess yarn after fitting.

1. Twist the long bundle

2. Fold ends together

3. Let halves twist together



Finished example | Illustrated reference