JEN’S ISLAND FAVORITE RECIPES

Banana Island Toast

10 minutes | Makes 4 toast halves

GATHER

- 2 slices whole-wheat bread
- 2 tablespoons cream cheese
- 1 banana, sliced
- 1 tablespoon unsweetened shredded coconut
- A pinch of cinnamon

MAKE IT TOGETHER

1. Toast the bread and let it cool slightly.
2. Spread with cream cheese. Add banana slices.
3. Sprinkle with coconut and cinnamon; cut each slice in half.

A grown-up helps with the toaster. Enjoy right away.

Contains wheat and milk; includes coconut.