JEN’S ISLAND FAVORITE RECIPES

Rainbow Island Fruit Bowls

10 minutes | Makes 4 small bowls

GATHER

- 1 cup small pineapple pieces
- 1 cup diced ripe mango
- 1 cup sliced strawberries
- 1 tablespoon orange juice
- 1 teaspoon lime juice

MAKE IT TOGETHER

1. Wash the fruit before a grown-up peels and cuts it.
2. Combine fruit with orange and lime juice.
3. Divide among 4 bowls and serve chilled.

Cut fruit into pieces suited to your child. Keep leftovers refrigerated.

Fruit only; check individual allergies.